

Archived HumanaCare Webinars:

I'm Back on Task – ADHD Information

<http://www.youtube.com/watch?v=ny-NH9wo2ok>

Ducks in a row - Learning how to Talk your Walk

<http://www.youtube.com/watch?v=AdCKq5EQw-s>

Getting Where you Want to Go

<http://www.youtube.com/watch?v=bsBlpwCU8hw>

Strategies for Dealing with Anxiety

<http://www.youtube.com/watch?v=g7q0tTrfOA>

Creating a Better You – Motivating Yourself

http://www.youtube.com/watch?v=7_8eN3gQXUc

Simplify Your Life – Clear out the clutter

<http://www.youtube.com/watch?v=Wdyq1ZKSK2A>

I can't get no Satisfaction

http://www.youtube.com/watch?v=bzzbR_GNNM4

Conversations that Count

<http://www.youtube.com/watch?v=1H4wWDtaRU4&feature=youtu.be>

Tools for Purposeful Living

<http://www.youtube.com/watch?v=ealp1xRLUIA&feature=youtu.be>